

## Kabbalat Shabbat Vayikra

Míma'amakím k'ratícha Yah

ממַעַמְקִים קְרָאתִיךָ יְהוָה

From the Depths I call to You, Oh God. Hear my Voice! (Psalm 130:1)

Zarach BaChoshech Or LaY'sharím, Chanun v'Rachum v'Tzadik

זָרַח בַּחֹשֶׁךְ אֹר לַיְשָׂרִים חַנּוּן וְרַחוּם וְצַדִּיק

Even in the darkness a light shines for the upright, gracious, compassionate and just.

(Psalm 112:4)

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Magíní al Elohim, moshíah yíshray lev.

מִגִּנִּי עַל-אֱלֹהִים מוֹשִׁיעַ יִשְׂרָאֵל-לֵב

My protection is all about the God-field; that's what saves the Upright Heart. (Psalm 7:11)

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Sh'ma Yísroel Havaya Eloheínu Havaya Echod

Listen, (your name), the Great Mystery, All is One.

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Prayer for healing:

Elohim y'chaneynu vívarchaynu ya-er panav ítanu Selah

אֱלֹהִים יְחַנְנוּ וַיְבָרְכֵנוּ יְאֵר פָּנָיו אֶתָּנוּ סֵלָה

God grace us, bless us, may Its light shine among us, Selah (from Psalm 67)

This practice can be used for protection, clearing, and for strengthening the energy field

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Kaddish

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Kavay el Yah, Chazak v'ya'amaytz libecha, Kavay el Yah

קוּה אֶל-יְהוָה חֲזַק וַיֵּאֱמָץ לְבָבְךָ וְקוּה אֶל-יְהוָה

Turn your hope to God; be strong and be filled with courage;

turn your hope to God. (Psalm 27:14)